**Summer Conditioning**

A full summer of camps and conditioning are in place to prepare our high school and middle school athletes for a successful 2024-25 athletic year.  Summer conditioning starts June 3 for all athletes.  The high school program will start at 7:00 am and the middle school program begins at 8:30 am.

**Conditioning will run on the following dates:**

June 3 - 6

June 10 - 13

June 17 - 20

June 24 - 27

June 28 – July 7 (NO SUMMER CONDITIONING – KSHSAA MANDATORY MORATORIUM)

July 8 - 11

July 15 - 18

July 22 - 25

July 29 – August 1

August 5 - 7

August 19 is the first day of fall sports practices.

August 15 is the first day of school.