OCTOBER LES P.E.

CURRICULUM:

LES students have been busy this year in P.E. After fitness testing students completed a unit focused on football skills, terms and activities. We just finished a tumbling unit and a combative skills unit – both which focused on balance, strength and the combative skills added reflexes to that list. We are set to begin a parachute unit, followed by cup stacking (the first 10 days of Nov.) and basketball to end the semester. Of course, holiday/winter fun games will be played around those times of the upcoming months.

We will be involved in attempting to set, once again and for the 10th time, the Guinness Book of World Records for Cupstacking on Nov. 9th during your student’s PE time. Please feel free to come and join in and help up set the record!!!

If you are interested, the SpeedStacks company have changed the way they handles sales for the CUP STACKING cups and accessories. The company will send some merchandise and it will be for sale to whomever wants it – first come, first serve. Let me know if you are interested in buying any of