

# FEBRUARY 2012

## BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Juice or fruit will be served with breakfast		1 Scrambled Eggs Flour Tortilla Bacon Slice Potato Triangle Jelly	2 NO SCHOOL	3 Assorted Cereals Fruit Strudel
6 Breakfast Stick Syrup Assorted cereals	7 Banana Mini Loaf Assorted Cereals	8 Biscuit /Gravy Assorted Cereals	9 Plain Bagel, Toasted Sausage Patty Assorted cereals	10 Breakfast Pizza Assorted Cereals
13 NO SCHOOL	14 Pancake w/Syrup Sausage Link Assorted Cereals	15 Assorted Cereals Max Cheese Stick	16 Bfst Stick w/Syrup Assorted Cereals	17 French Toast Stick w/Syrup Bacon Slice Assorted Cereals
20 Breakfast Pizza Assorted Cereals	21 Assorted Cereals Blueberry Muffin	22 Biscuit /Gravy Assorted Cereals	23 Cinnamon Twist Assorted Cereals	24 Pancake w/Syrup Sausage Link Assorted Cereals
27 Breakfast Pizza Assorted Cereals	28 Assorted Cereals Yogurt	29 Breakfast Burrito Salsa Potato Smiles Assorted Cereals		

### MEAL PRICES:

K-4th Breakfast	\$1.35
K-4th Lunch	\$2.10
5th-12th; Breakfast	\$1.45
5th-12th Lunch	\$2.25
Reduced Breakfast	\$0.30
Reduced Lunch	\$0.40
Extra Milk	\$0.40

**PLEASE NOTE: Snack milks and more than one milk consumed at breakfast or lunch are 40¢ each, as their cost is not covered by the Free and Reduced State Lunch Program.**

Milk is served with all meals. Menus are subject to change. All breakfasts are served with milk and juice or fruit.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer..

## LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Avg for Grades K-4
		1 K-4: PB&J on Wheat Bread 5-12: Fajitas w/ Refried Beans Fresh Garden Salad Salad Dressing Seasoned Corn Fresh Apple	2 NO SCHOOL	3 Pepperoni Pizza Salad w/ Tomatoes Salad Dressing Green Beans w/ Bacon Pear Half	Cals. 554 Carbs 75.6g T. Fat 19.2g
6 Chicken Pattie on Bun Rice w/ Cheese Seasoned Peas Fruit w/ Apples Barbeque Sauce	7 Chili w/ Crackers Carrot Coins Fruit with Apricots Fresh Cinnamon Roll	8 Chicken Ranch Wrap Apple Crisp Refried Beans California Vegetables Blueberry Squares	9 K-4: Beans and Weiners 5-12: Burritos Fresh Garden Salad Salad Dressing Fruit w/ Fresh Grapes Cowboy Bread Oleo	10 Hamburger on a Bun Ranch Cut Potato Fruit w/ Kiwi Mixed Vegetables Pickle Slices Onion Slices Cheese Sslice	Cals. 747 Carbs. 109.4g T. Fat 20.2g
13 NO SCHOOL	14 Chicken Tenders Whipped Potatoes Country Gravy Peas & Carrots Fresh Apple Whole Grain Roll Oleo	15 Pigs in a Blanket Seasoned Corn Bananas Pudding	16 Chicken and Noodles Whipped Potatoes Green Beans w/ Bacon Pineapple w/ Strawberry Whole Grain Roll Oleo	17 Sub Sandwich Fresh Orange Half Pasta Salad Cherry Cheesecake Fruit w/ Apricots	Cals. 672 Carbs 103.1g T. Fat 17.3g
20 Chicken Rings Whipped Potatoes Country Gravy Spinach Oatmeal Roll Oleo Peach Half	21 Crispito Cheese Sauce Spanish Rice Baby Carrots w/ Dip Fresh Orange Cinnamon Bun	22 Cheese Pizza Fresh Garden Salad Corn Fresh Pear Half Salad Dressings Chocolate Chip Cookie	23 Spagetti w/ Meat Garden Salad Salad Dressing Green Beans w/ Bacon Garlic Roll Oleo	24 Max Cheese Stick/ Dip Popeye Salad Jello Rosy Applesauce Garlic Roll Oleo	Cals. 700 Carbs 97.3g T. Fat 23.7g
27 Chicken Nuggets Whipped Potatoes Chicken Gravy Seasoned Peas Rosy Pears Bread & Oleo Barbeque Sauce	28 Sloppy Joe on a Bun Cheese Slice Salad w/ Tomatoes Applesauce Oven Baked Beans Salad Dressing	29 Mexican Burrito Creamy Macaroni Corn Baby Carrots w/ Dip Bananas Taco Sauce			Cals. 612 Carbs 89.8g T. Fat 17.4g

# MARCH 2012

## BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Juice or fruit will be served with breakfast			1 Breakfast Stick Syrup Assorted Cereals	2 Waffle w/ Syrup Sausage Link Cereal Assortment
5 Breakfast Pizza Assorted Cereals	6 Cinnamon Twist Assorted Cereals	7 Assorted Cereals Max Cheese Stick	8 Biscuit w/ Gravy Assorted Cereals	9 Pancake w/ Syrup Sausage Link Assorted Cereals
12 Assorted Cereals Fruit Strudel	13 Breakfast Stick Syrup Assorted Cereals	14 Assorted Cereals Max Cheese Stick	15 Cinnamon Twist Assorted Cereals	16 Scrambled Eggs Plain Bagel, Toasted Bacon Slice Jelly Assorted Cereals
19 No School Spring Break	20 No School Spring Break	21 No School Spring Break	22 No School Spring Break	20 No School Spring Break
26 No School	27 Assorted Cereals Max Cheese Stick	28 Breakfast Burrito Salsa Potato Smiles Assorted Cereals	29 Chicken Nuggets Biscuit Jelly Assorted Cereals	30 Blueberry Muffin Assorted Cereals

## MEAL PRICES:

K-4<sup>th</sup> Breakfast \$1.35  
K-4<sup>th</sup> Lunch \$2.10

5<sup>th</sup>-12<sup>th</sup>; Breakfast \$1.45  
5<sup>th</sup>-12<sup>th</sup> Lunch \$2.25

Reduced Breakfast \$0.30  
Reduced Lunch \$0.40

Extra Milk \$0.40

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## LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Avg for Grades K-4
			1 Hamburger on a Bun Oven Fries Broccoli Casserole Orange Smiles Onion Slices Pickle Slices	2 Biscuits w/ Gravy Sausage Patty Hash Browns Strawberries & Apples Yogurt	Cals. 855 Carbs 111.4g T. Fat 32.7g
5 Taco Nachos Mexicali Corn Orange Smiles Cinnamon Bun Taco Sauce Oleo	6 Chicken Fries Whipped Potatoes Country Gravy Mixed Vegetables Peach Half Oatmeal Roll Oleo Barbeque Sauce	7 Chili Crackers Baby Carrots w/ Dip Bananas Fresh Cinnamon Roll	8 Sausage Pizza Garden Salad Salad Dressing Spinach Pineapple Slice Dinner Roll	9 Macaroni & Cheese Little Smokies Rosy Applesauce Seasoned Peas Pumpkin Bars	Cals. 723 Carbs. 100.4g T. Fat 23.3g
12 Turkey Sandwich/Potato Seasoned Corn Fruit with Cherries Fudge Brownie	13 Chicken Pattie on Bun Rice w/ Cheese Carrot Coins Peach Half Barbeque Sauce	14 Hamburger on a Bun Ranch Cut Potato Steamed Broccoli Bananas Pickle Slices Onion Slices	15 Crispito Cheese Sauce Fresh Apple Refried Beans Cherry Kuchen	16 Cheese Pizza Salad w/ Tomatoes Salad Dressing Green Beans w/ Bacon Pear Half	Cals. 654 Carbs 99.4g T. Fat 15.8g
19 No School Spring Break	20 No School Spring Break	21 No School Spring Break	22 No School Spring Break	23 No School Spring Break	
26 No School	27 Ravioli Fresh Garden Ssalad Salad Dressings Pineapple Slice Cornbread Oleo Pancake Syrup	28 Crispy Taco Mexicali Corn Orange Smiles Cinnamon Bun Taco Sauce Oleo	29 Corn Dog Oven Fries Seasoned Carrots Strawberry Shortcake	30 PB&J on Wheat Bread Fresh Garden Salad Salad Dressing Seasoned Corn Fresh Apple	Cals. 611 Carbs 85.6g T. Fat 21.2g